

FOR WORK OR FURTHER TRAINING?

Springboard

If you are good between 16 to 24 and are currently unemployed or not in education or training then we can provide support to help you progress into to work or further learning.

Get 1-2-1 Support With emotional well-being, confidence, anxiety δ- depression.

- long-term health conditions
 - disabilities/learning differences.
 - lone parent programmes
 - job searching, cv writing & interview skills.
 - housing & benefits. · your learning & career goals.
 - getting involved with exciting local projects. developing your skills in a friendly & supportive environment
 - BSPRINGBOARDYEI



We can also help with











HLC is the lead partner for Springboard and This-Ability, which are part-financed by the European